



Creativity • Community • Recovery

**In crisis?
Need to talk?**

**Café71 can help
10am - midnight,
365 days a year**



Offering support & building resilience in a crisis

Call us 10am - 12midnight:

01244 393139



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A safe community space for anyone struggling to cope in a crisis.

**Run by professionals & volunteers,
Café71 offers:**

- ✿ Listening, care & support
- ✿ Help to work through challenges
- ✿ Help to access other support & advice
- ✿ Creative recovery through social & educational activities

If you are 18+ & feeling distressed or in crisis, Café71 is for you.

Relatives, carers & professionals can also introduce someone to Café71.

We are unable to support anyone intoxicated with drugs or alcohol

Call us on:

01244 393139

Drop in to:

71-77, St. Anne Street, CHESTER, CH1 3HT

 **enquiries.chester@spiderproject.org.uk**

 **Spider Project Chester - Café 71**

 **@cafe71chester**

 **cafe71chester**

 **www.spiderproject.org.uk/cafe71**