Feedback

We welcome any suggestions you have, please send your comments, concerns, complaints and compliments to:

The Patient Experience Team, Trust Board Offices, Upton Lea, Countess of Chester Health Park, Liverpool Road, Chester, CH2 1RQ.

For more information see www.cwp.nhs.uk

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The information in the leaflet was valid at the date of production July 2012 and is due for review in July 2014.

Leaflet code:
Health Visitors
The health visitors are based at Tarporley Health Centre and Mercury House, Tattenhall.
Contact details
Tel: 01828 733688 Tarporley Clinic
The Health Visitors Team: Rebecca Marsh, Clare Smalley, Jan Reeves, Vicki Leslie
Alison Ludden (Nursery Nurse)
Clinic Assistant: Jan Miller
Admin Support: Angela Paletta-Gahame and Lyn Brownlow

Our hours of working are Monday to Friday 9-5 pm - 17:00 pm. If you ring and there is no one available leave a message and someone will get back to you.

Well Baby Clinics are held at:
Tarporley Health Centre: 2nd & 4th Thursday 09:30-11:30
Tarvin Community Centre: 1st & 3rd Tuesday 09:00-11:00
Tattenhall Recreation Club: 2nd & 4th Monday 11:30-13:00
Matpas Surgery: 1st & 3rd Monday 13:00-15:00
Farnsden Surgery 2nd & 4th Thursday 14:00-15:00

Handy contacts
Sign up for parent's information and text service
https://www.nhs.uk/Information/ServicesForParents/pages/signup.aspx

What do health visitors do?
Health visitors are trained nurses who have additional skills. They work with families to help them stay healthy.

We can offer help and advice on the following:
- Children's growth & development
- Breastfeeding & weaning
- Health promotion
- Depression
- Advice on common ailments such as eczema
- Behavioural problems, poor sleep patterns, food faddiness, temper tantrums, toilet training.
- We work with families experiencing stress
- Immunisations
- Well baby clinics

What can you expect?
- A flexible service to meet individual family's needs
- Not every family will require the same level of service
- A service that is delivered by a team as we work in partnership with other agencies
- The Healthy Child Programme

The Healthy Child Programme
There are four levels of service that you can expect from the health visiting service.

Community level
At the community level the Health Visitor supports parents and facilitates access to a range of community services/resources.

Universal
As part of the Universal service the Health Visiting team will offer the following visits:
- Antenatal visits to all first time parents
- A birth visit 10-14 days after you have had your baby
- 6-8 week visit
- 1 year developmental assessment
- 2 year developmental assessments

Universal plus
The Universal Plus service delivers a rapid response from the Health Visiting team when specific expertise is needed (e.g. feeding problems/breast or formula) parental mental health issues, attachment, toilet training, behaviour management, domestic violence.

Universal partnership plus
Universal Partnership Plus provides on-going support from the Health Visiting team, bringing together a range of local services to help families who have complex needs. These services include Children's Centre, social care, specialist services, housing, drug and alcohol services etc. The level of service required by a family is determined through assessment by the Health Visitor by using the assessment framework.