

Patient Newsletter

Saturday Flu Clinic 08.10.22

We are holding a Saturday Flu Clinic on 8th October here at the surgery. This will be for our patients:

- aged 65 and over
- aged 18-64 in an at risk group <https://www.nhs.uk/conditions/vaccinations/flu-influenza-vaccine/>

Please contact our reception team on 01829 732401 - option 1 to arrange your appointment or log in to your Patient Access or NHS account to book an appointment. Make sure you are protected for the winter and book your appointment now!

Please be aware the practice is not providing Covid booster vaccinations and will not be issuing any letters of eligibility to patients, this will be managed centrally. We are unable to make the appointment for you.

GP Patient Survey

The GP Patient Survey is an independent survey run by Ipsos MORI on behalf of NHS England. The results show how people feel about their GP practice.

We are delighted to have scored highly in all areas (above the local and national average).

Please visit <https://gp-patient.co.uk/PatientExperiences?practicecode=N81031> for the full report.



find us on facebook



Are you entitled to a FREE flu jab?



HELP US HELP YOU

STAY WELL THIS WINTER

Flu Immunisation

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NHS App



We are no longer accepting new applications for the on-line service Patient Access. Any patients who have an existing Patient Access account can continue to use this.

We are now advising patients to register for an NHS account in order to use the NHS App to order repeat medication, make appointments etc.

[Further details on our website](#)

Veteran Friendly GP Practice

We are proud to be an accredited veteran friendly GP Practice and to support our veteran community. This means:

- We have a dedicated clinician who has a specialist knowledge of military related health conditions and veteran specific health services.
- Ask patients “have you served in the Armed Forces?” to help identify veteran patients
- Support veteran patients to access dedicated health services
- Undertake regular training and development to meet the health commitments of the Armed Forces covenant and better understand the needs of veteran patients.

If you are ex-forces please let us know so we can understand your health needs and ensure you are getting the best possible care. Further details on our website:

<https://tarporleydoctors.gpsurgery.net/services/armed-forces-veteran-friendly-practice>



**Armed Forces veteran
friendly accredited
GP practice**

Inhaler ordering and recycling

Did you know you don't have to order your inhalers every month if you have enough stock at home. Check your stock before you order more. Ensure that you attend your annual asthma or COPD review to check you are using your inhalers correctly. Help reduce global warming and return your used or unwanted inhalers to your pharmacy for environmentally safe disposal.

Did you know?



When your pressurised metered dose inhaler is empty it still contains propellants that are powerful greenhouse gases which contribute to global warming

eConsult

You can use our eConsult service to contact our doctors on-line for advice on a wide range of common problems. This is for routine advice only. If urgent medical attention or advice is required please contact the practice directly by telephone. This method of asking for advice is preferable to queries via email. The doctors have specific time set aside to look at eConsults.

Further information and to submit a request please visit our website:
<https://tarporleydoctors.gpsurgery.net/services/e-consult/>

The banner features the 'e consult' logo in white on a dark blue background. Below the logo, the text reads 'Contact your doctor online and get help by the end of the next working day or sooner'. A red button with the text 'GET STARTED' is positioned at the bottom left. On the right side, there is a stylized red teardrop shape containing a white smiley face and a red heart.

Welcome to our Ukrainian patients



We would like to warmly welcome our Ukrainian patients that have joined the practice recently.

Our website can be translated into any language using the select language feature in the top right of the screen.

Social events for Ukrainian guests and their hosts are being held:

- Tarvin Library - Every Tuesday 3.30 - 5pm, for Ukrainian guests and their hosts, enabling new arrivals within the community, to come together.
- Tarporley - English language lessons are being arranged as well as an informal get together. Please contact Gordon Pearson 07704 610259.



Cheshire Change Hub Stop Smoking Service

Patients can now self-refer to Cheshire Change Hub's Quit Smoking Service. You must be resident in Cheshire West. Did you know you are 4 times more likely to quit smoking with help. Getting support in the early days of quitting is essential.

Further information at <https://cheshirechangehub.org/services/quit-smoking/>



Friends and Family Feedback

The NHS Friends and Family Test (FFT) was created to help NHS services understand whether patients are happy with the service provided, or where improvements are needed. It's a quick and anonymous way to give your views after receiving NHS care or treatment.

Please complete the very short survey form on our website. It is really helpful if patients can also include comments as our PPG analyse these.

<https://tarporleydoctors.gpsurgery.net/patient-group/friends-family-test/>



Change to practice e-mail address

Please note that our practice email address has now changed from cheshireccg.tarporleydoctors@nhs.net to:

cmicb-cheshire.drsadeyanddancy@nhs.net



Please update your records accordingly. Our previous email address will continue to work for a short time.

Face masks



Patients are no longer required to wear face masks in healthcare settings unless they have a known or suspected respiratory infection or they choose to wear one.